

## Curriculum Vitae Robin P. Bonifas

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### EDUCATION

- August, 2007 **Doctor of Philosophy**, Social Welfare; University of Washington; Dissertation topic: *Multi-Level Factors Related to Deficiencies in Psychosocial Care in Washington State Skilled Nursing Facilities*
- 2000 **Licensed Independent Clinical Social Worker**, Washington State
- 1992 **Master of Social Work**, University of Washington; Specialization: Health care and gerontology
- 1989 **Bachelor of Social Work; Bachelor of Arts, Psychology**, University of Washington

### AREAS OF INTEREST

Social gerontology, long-term care, psychosocial care in skilled nursing facilities, social work education and leadership in gerontology, adjustment and resilience of older adults, elder abuse and neglect, formal and informal caregiver stress, job stress and burnout in the helping professions.

### TEACHING ACTIVITIES

2007- present **Assistant Professor**, Arizona State University School of Social Work.

Courses taught: *Social Work Practice with Families (MSW)*, *Social Work Practice II: Individuals, Families, and Small Groups (BSW)*; *Field Work Integrative Seminar (BSW)*; *Research Methods in Social Work (MSW)*; *Social Work Practice in Health/Behavioral Health Settings (MSW)*; *Advanced Social Work Practice in Health (MSW)*.

Dissertation committee member, Kat Shahan, dissertation title: *Health Disparities in Native Hawaiians Diagnosed with Diabetes*; degree awarded July, 2009.

Thesis committee chair, Penny Miller, thesis title: *Frontal Lobe Dysfunction and Alcohol Abuse*; degree awarded May, 2008.

Ongoing committee/service involvement:

- Interdisciplinary Education Design Team in partnership with the Arizona State University School of Nursing and Health Care Innovation and the University of Arizona School of Medicine
- Advanced Direct Practice Committee
- Faculty Honors Advisory Barrett Honors College
- Obama Scholars Faculty Mentor

2004-2007 **Teaching Associate**, UW School of Social Work; Courses taught: *Practicum Partnership Program Integrative Seminar (MSW)*, *Social Work Practice in Long-Term Care Across the Lifespan (MSW)*, *Introduction to Social Welfare Research (MSW)*, *Social Welfare Research and Evaluation (MSW)*.

- 2002-2004 **Teaching Assistant**, UW School of Social Work; Courses taught: *Caring for Persons with Life-Limiting Illness: A Life Span Approach (MSW)*, *Social Welfare Practice (BSW)*.
- Winter 2003 **Teaching Practicum**, UW School of Social Work: *Generalist Meso Level Practice (MSW)*.
- Fall 2002 **Teaching Practicum**, UW School of Social Work: *Generalist Micro Level Practice (MSW)*.
- 2001-present **Instructor**, Resident Councils of Washington Continuing Education, Belfair, Washington; courses taught: *Basic Social Services Training Course*, *Beyond Basics Social Services Training Course*, *Activity Professionals Management Training: In-house Communication*.
- 2000-2007 **Part-time Instructor**, Human Services Department, Highline Community College, Des Moines, Washington; courses taught: *Introduction to Human Services*, *Aging and Society*, *Introduction to Gerontology*.

### **RESEARCH ACTIVITIES**

- 2009 **Principal Investigator**, Arizona State University, *Workforce Comparisons: Licensed Social Workers Practicing in Nursing Homes and Other Gerontology Settings*.
- 2007-present **Co-Investigator**, Arizona State University, *Masters Advanced Curriculum Project*.
- 2007-present **Principal Investigator**, Arizona State University. *Factors Associated with Psychosocial-Related State Survey Deficiencies in Arizona Skilled Nursing Facilities*.
- 2007-present **Research Consultant**, Long Term Care Ombudsman Program Senior Medicare Patrol Grant: Develop telephone interview protocol for needs assessment related to advocacy among skilled nursing facility residents in Alaska; train and supervise telephone interviewers, data analysis and interpretation.
- 2006-2007 **Social Work Faculty Representative**, Interdisciplinary Outreach to the Underserved Senior Adult Population in King County, University of Washington School of Pharmacy: Develop and coordinate social work training component of multidisciplinary health training pilot program.
- 2005-2007 **Principal Investigator**, John A. Hartford Geriatric Social Work Doctoral Fellow. *Factors Associated with Psychosocial-Related State Survey Deficiencies in Washington State Skilled Nursing Facilities*.
- 2003-2007 **Research Assistant, Institute for Multigenerational Health, Development and Equality, UW School of Social Work:** Conduct literature reviews, facilitate quantitative data collection and analysis, website development; assist with research dissemination; coordinate educational events and faculty teamwork efforts within social work and across disciplines.
- 2002-2004 **Research Assistant, Gerontology Enrichment Project, UW School of Social Work:** Assisted with program development and evaluation for curriculum change project; conducted literature reviews, quantitative data collection and analysis, assisted with research dissemination; coordinated educational events and website development.

2001-2002 **Research Assistant, Curriculum Implementation Team, UW School of Social Work:** Assisted faculty team with MSW curricular change project integrating HBSE and diversity content into direct practice courses, assisted with syllabi review and development, identification and selection of diverse course readings.

### **PROFESSIONAL EXPERIENCE**

2002-present **Clinical Supervisor, Private Practice:** Foster professional development and advancement of clinical practice skills for new social workers preparing for state licensure through individual and group modalities; focus on health care and gerontological practice.

2002-present **Social Services Consultant, Resident Councils of Washington, Belfair, Washington:** Evaluate psychosocial service delivery in Washington State skilled nursing facilities; provide guidance and expert recommendation to social workers and administrators to enhance regulatory compliance and the provision of quality of psychosocial care.

2001-2002 **Medical Social Worker, Geropsychiatry Unit, Auburn Regional Medical Center, Auburn, Washington:** Responsible for bi-monthly weekend social work coverage for hospital inpatient geropsychiatry unit. Provided individual, group, and family counseling to older adults with acute mental health needs; also responsible for psychosocial assessment, treatment planning, crisis intervention, problem resolution, and discharge planning. Provided licensed supervision for MSWs preparing for state licensure.

1999-2002 **Director of Social Services, Regency at Renton Rehabilitation and Nursing Center, Renton, Washington:** Provided psychosocial services to resident and families of 119-bed skilled nursing facility via group and individual counseling, crisis intervention, resource identification, problem resolution, and discharge planning. Responsible for supervision, training, and evaluation of Social Service Assistants and MSW practicum students, training and orientation of new Social Services Directors for sister facilities; chair of Eden Alternative Steering Committee to implement facility cultural change to enhance quality of life for residents and staff.

1995-1999 **Director of Social Services/ Alzheimer's Unit Coordinator, Lemon Grove Nursing and Rehabilitation Center, Lemon Grove, California:** Responsible for social services delivery within 154-bed skilled nursing facility. Facilitated psychotropic/behavioral review team to minimize inappropriate usage of psychotropic medications. Screened admissions to and discharges from 24-bed secured Alzheimer's unit. Provided family, group, and individual counseling to facilitate adjustment to illness, loss, placement, and physical rehabilitation, with special attention to maximizing rehabilitation outcomes. Responsible for hiring, training, supervision, and evaluation of Social Services Assistants.

1990-1995 **Director of Social Services, Edmonds Rehabilitation and Healthcare Center, Edmonds, Washington:** Provided discharge planning for 98-bed skilled nursing facility, including 18-bed sub-acute rehabilitation unit. Responsible for assessment and care planning to address the psychosocial, emotional, and behavioral needs of facility residents; facilitated adjustment to illness, disability, and nursing home environment through family, group, and individual counseling.

### **PEER-REVIEWED PUBLICATIONS** (names in **bold** identify student collaborators)

- Bonifas, R.P., Fredriksen-Goldsen, K.I., & **Bailey, K.** (2009). Recognizing the importance of aging skills and knowledge in social work practice: Effective strategies for MSW students. *Gerontology and Geriatrics Education*.
- Simons, K., & Bonifas, R.P. (2009). Social work student interest in nursing home employment: A North American study. *Journal of Gerontological Social Work, 52(3), 294-314*.
- Bonifas, R. P. (2009). Nursing home work environment characteristics: Associated outcomes in psychosocial care. *Health Care Financing Review, 30(2), 19-33*.
- Fredriksen-Goldsen, K.I., Bonifas, R.P., & Hooyman, N.R. (2006). Multigenerational practice: An innovative infusion approach. *Journal of Social Work Education, 42(1), 25-36*.
- Fredriksen-Goldsen, K.I., & Bonifas, R.P. (2005). Multigenerational practice and curricular infusion. *Journal of Intergenerational Relationships, (3)3, 83-99*.

### **PUBLICATIONS UNDER REVIEW**

- Bonifas, R.P. Nursing home social workers and allied professionals: Enhancing geriatric mental health knowledge. *Journal of Social Work Education*.
- Hodge, D. R. & Bonifas, R.P. Using spiritually modified CBT to help clients wrestling with depression: A promising choice for some older adults. *Journal of Religion & Spirituality in Social Work: Social Thought*
- Bonifas, R.P. Multi-level factors related to deficiencies in psychosocial care in skilled nursing facilities. *Journal of Gerontological Social Work*.

### **WORKS IN PROGRESS**

- Bonifas, R. P., Kennedy, T., & LeCroy, C. Enhancing MSW students' aging competencies for effective practice in health and behavioral health settings. To be submitted to *Gerontology and Geriatrics Education*.
- Bonifas, R.P. The link between professionally educated social workers, role identity, and positive outcomes in psychosocial care: Which comes first? To be submitted to *Research on Social Work Practice*.
- Zimmerman, S., Bern-Klug, M., Bonifas, R., Connolly, R. Simons, K., & Zlotnik, J. Social work services in long-term care (LTC): Building on a strong beginning. To be submitted to *Health Affairs*.

### **OTHER PUBLICATIONS**

- Bonifas, R.P. (2003, September). 2003 NASW Washington Chapter Interest and Satisfaction Survey! Here is what we learned from you. *Currents: Newsletter of the Washington State Chapter of the National Association of Social Workers, 19-20*.
- Bonifas, R.P. (2002, July). Older women as survivors of childhood sexual abuse. *Currents: Newsletter of the Washington State Chapter of the National Association of Social Workers, 1,6*.
- Bonifas, R.P. (2002, July). Many factors contribute to abuse and neglect in skilled nursing facilities. *Currents: Newsletter of the Washington State Chapter of the National Association of Social Workers, 11*.

## **INVITED PRESENTATIONS**

- Bonifas, R. P. (January, 2009). *Elder abuse*. Guest lecture at the University of Arizona College of Medicine, Phoenix, Arizona.
- Bonifas, R.P. (January, 2009). “*Nursing home work environment characteristics: Associated outcomes in psychosocial care.*” *An example of the use of OSCAR data in research.* Preconference intensive session in S. Zimmerman, M. Bern-Klug, D. Downs, & R. Bonifas *Building Capacity and Linkages for Long-Term Care Research* at the 13<sup>th</sup> Annual Conference of the Society for Social Work Research, New Orleans, Louisiana.
- Bonifas, R.P. (November, 2008). *The doctoral dissertation experience*. Panel presentation for John A. Hartford Doctoral Fellows at the 61<sup>st</sup> Annual Scientific Meeting of the Gerontological Society of America, National Harbor, Maryland.
- Bonifas, R.P. (April, 2007). *Psychosocial care in skilled nursing homes*. Paper presentation at the 31<sup>st</sup> Annual Oregon State University Gerontology Conference, Corvallis, Oregon.

## **PRESENTATIONS**

- Bonifas, R.P. & Bailey, K. (January, 2009). *Factors related to psychosocial outcomes in skilled nursing facilities*. Poster presentation at the 13<sup>th</sup> Annual Conference of the Society for Social Work Research, New Orleans, Louisiana.
- Bonifas, R.P. & Bailey, K. (November, 2008). *Work environment characteristics predictive of negative psychosocial outcomes in skilled nursing facilities*. Symposium paper presented at the 61<sup>st</sup> Annual Scientific Meeting of the Gerontological Society of America, National Harbor, Maryland.
- Simons, K. & Bonifas, R.P. (November, 2008). *Social Work Student Interest in Nursing Home Employment: A North American Study*. Paper presented at 54<sup>th</sup> Annual Program Meeting of the Council on Social Work Education, Philadelphia, Pennsylvania.
- Bonifas, R.P. (January, 2008). *Enhancing the Quality of Psychosocial Care in Skilled Nursing Facilities: Potential Practice and Policy Interventions*. Poster presentation at the Annual Conference for the Society for Social Work and Research, Washington D.C.
- Bonifas, R.P. (November, 2007). *Multi-level Factors Influencing Psychosocial Care Outcomes in Washington State Skilled Nursing Facilities*. Symposium paper presented at the 60<sup>th</sup> Annual Scientific Meeting of the Gerontological Society of America, San Francisco, California.
- Bonifas, R.P. (October, 2007). *Preparing the Next Generation of Nursing Home Social Workers* Paper presented at 53<sup>rd</sup> Annual Program Meeting of the Council on Social Work Education, San Francisco, California.
- Bonifas, R.P. (June, 2007). *Factors Influencing the Provision of Quality Psychosocial Services in Washington State Skilled Nursing Facilities*. Paper presentation at the 6<sup>th</sup> Hawaii International Conference on Social Sciences, Honolulu, Hawaii.
- Bonifas, R.P. (December, 2006). *Psychosocial care in skilled nursing facilities: Multi-level factors related to effective service delivery*. Poster presentation at the 5<sup>th</sup> International Conference on Social Work in Health and Mental Health, Hong Kong, China.
- Bonifas, R.P., & Fredriksen-Goldsen, K.I. (April, 2006). *Recognizing the Importance of Gerontological Practice Skills: Potential Strategies for MSW Students*. Poster presentation at the 1st Annual Gerontology Forum at the University of Washington, Seattle, Washington.

- Bonifas, R.P., & Fredriksen-Goldsen, K.I. (February, 2006). *Recognizing the Importance of Gerontological Practice Skills: Potential Strategies for MSW Students*. Poster presentation at the 52<sup>nd</sup> Annual Program Meeting of the Council on Social Work Education, Chicago, Illinois.
- Bonifas, R.P. (November, 2005). *Ethical Challenges in Dealing with Aging*. Roundtable discussion at the 58<sup>th</sup> Annual Scientific Meeting of the Gerontological Society of America, Orlando, Florida.
- Fredriksen-Goldsen, K.I., & Bonifas, R.P. (November, 2005). *Gerontological and Multigenerational Social Work Practice: An Innovative Infusion Approach*. Paper presentation at the 58<sup>th</sup> Annual Scientific Meeting of the Gerontological Society of America, Orlando, Florida.
- Fredriksen-Goldsen, K.I., & Bonifas, R.P. (February/March, 2005). *Resilience and AIDS caregiving: Predictors of health and well-being*. Paper presentation at the 51<sup>st</sup> Annual Program Meeting of the Council on Social Work Education, New York, New York.
- Bonifas, R.P., & Fredriksen-Goldsen, K.I. (February/March, 2005). *Preparing MSW student for gerontological social work practice: A survey analysis*. Paper presentation at the 51<sup>st</sup> Annual Program Meeting of the Council on Social Work Education, New York, New York.
- Fredriksen-Goldsen, K.I., & Bonifas, R.P. (February/March, 2005). *Preparing MSW students for changing demographics: Multigenerational curriculum infusion strategies*. Paper presentation at the 3<sup>rd</sup> National Gerontological Social Work Conference, New York, New York.
- Bonifas, R.P., & Fredriksen-Goldsen, K.I. (January, 2005). *Gerontological social work: Research findings and next steps*. Paper presented at the Annual Conference for the Society for Social Work and Research, Miami, Florida.
- Bonifas, R.P., & Fredriksen-Goldsen, K.I. (April, 2004). *Multigenerational social work practice*. Symposium conducted at the Annual Conference of the Washington State Chapter of the National Association of Social Workers, Tukwila, Washington.
- Fredriksen-Goldsen, K.I., & Bonifas, R.P. (April, 2004). *Social work education for multigenerational practice*. Program exchange conducted at the Joint Conference of the American Society on Aging and the National Council on the Aging, San Francisco, California.
- Fredriksen-Goldsen, K.I., & Bonifas, R.P. (February/March, 2004). *Enhancing MSW students' value of gerontological and multigenerational practice skills*. Paper presented at the Second National Gerontological Social Work Conference, Anaheim, California.
- Fredriksen-Goldsen, K.I., & Bonifas, R.P. (February/March, 2004). *Multigenerational health, development and equality: An emerging practice model*. Paper presented at the 50<sup>th</sup> Annual Program Meeting of the Council on Social Work Education, Anaheim, California.
- Fredriksen-Goldsen, K.I., & Bonifas, R.P. (March, 2003). *Overview of the Gerontology Enrichment Project*. Breakfast Symposium conducted at the Annual Conference National Association of Social Workers, Washington State Chapter Tukwila, Washington.

## **HONORS AND AWARDS**

May 2007 J. Scott Briar Doctoral Dissertation Award  
 March 2005 John A. Hartford Geriatric Social Work Doctoral Fellow  
 2003-2004 Huckabay Excellence in Teaching Fellowship

## **PROFESSIONAL AND COMMUNITY SERVICE**

10/13/09 Workshop presentation for Caring Senior Services of Maricopa County, title: *Anger management in medical settings.*  
 2009 Manuscript reviewer *Journal of Gerontological Social Work*  
 2009 Member, Arizona Long-Term Care Social Work Task Force  
 2009 Abstract reviewer Annual Program Meeting of the Council on Social Work Education  
 2009 Abstract reviewer Annual Meeting of the Gerontological Society of America  
 04/08/09. Workshop presentation for Caring Senior Services of Maricopa County, title:  
 10/08/09 *Biomedical ethics in health care social work practice.*  
 09/01/09, Workshop presentations for Caring Senior Services of Maricopa County, title:  
 03/18/09, *Recognizing and working with personality disorders among older adults.*  
 02/25/09.  
 02/19/09,  
 10/23/08  
 11/14/08 Workshop presentation for Jewish Family Services, title: *The physiology of aging.*  
 04/11/08 Workshop presentation (co-presenter) for the National Association of Social Work, Arizona chapter; title: *A Different Meaning: Cultural Issues and Aging.*  
 2007-present Manuscript reviewer *Journal of Health Psychology*  
 2007-present Abstract reviewer Association for Gerontology in Higher Education  
 2007-present Board member, Phoenix Elder Suicide Prevention Coalition  
 2005-present Approved Clinical Social Work Supervisor, Washington State  
 2003-2006 Treasurer, Washington State Chapter, National Association of Social Workers (NASW)  
 2001-2003 Puget Sound Region Representative, Washington State Chapter, NASW  
 2000-2007 Consultant/Advisory Board-Plus member, Resident Councils of Washington  
 1999-2006 Annual Conference Committee, Co-chair 2003; Washington State Chapter, NASW  
 1999-2001 Practicum Instructor, University of Washington, School of Social Work

## **PROFESSIONAL AFFILIATIONS**

National Association of Social Workers	Society for Social Work Research
Council on Social Work Education	Association for Gerontology Education in Social Work
Association for Gerontology in Higher Education	Gerontological Society of America